



Associate of Science in Kinesiology to
Bachelor of Science in Kinesiology
 With a Fitness, Athletic and Strength Training Concentration ^T
Guided Pathway
 Effective for the 2021-2022 Catalog
First Year – Tyler Junior College

FIRST SEMESTER	SECOND SEMESTER
^C MATH 1314 College Algebra*	^C ENGL 1302 Composition II*
^C ENGL 1301 Composition I	^C HIST 1302 US History II*
^C HIST 1301 US History I	^C SPCH 1315 Public Speaking*
KINE 1338 Concepts of Physical Fitness	KINE 1301 Foundations of Kinesiology
^C EDUC 1300 Learning Framework*	KINE 1308 Sports Officiating I*
	KINE 1104 Physical Conditioning I
Total Semester Hours: 15	Total Semester Hours: 16

Second Year – Tyler Junior College

It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
^C BIOL 1408 Biology for Non-Science Majors* (TSU requires BIOL 2401 Anatomy & Physiology I)	^C BIOL 1409 Biology for Non-Science Majors* (TSU requires BIOL 2402 Anatomy & Physiology II)
^C GOVT 2305 Federal Government	^C GOVT 2306 Texas Government
^C xxxx x3xx Language, Philosophy & Culture Core	^C PSYC 2301 General Psychology*
^C xxxx x3xx Creative Arts Core	KINE 1321 Coaching/Sports/Athletics I*
KINE 1105 Physical Conditioning II	KINE x1xx KINE Elective (Activity Course)
KINE x1xx KINE Elective (Activity Course)	
Total Semester Hours: 15	Total Semester Hours: 14

AS: Kinesiology

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

These courses may be completed at TJC (if offered) or TSU

KINE 2390 Fundamentals of Group Exercise Training	KINE 1200 Activity Course (2 credit min)
KINE 1306 First Aid and CPR	KINE 2380 Essentials of Personal Training
Total Semester Hours: 6	Total Semester Hours: 5

Third Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Total Semester Hours: 13	Total Semester Hours: 13

Fourth Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Total Semester Hours: 13	Total Semester Hours: 12

Total Degree Hours: 122

This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

Part-time students may also follow this sequence. Developmental coursework may be required.

* You may take a different course to meet this requirement. A specific list is available from your advisor.

^C This course counts for the Core Curriculum at any public college or university in Texas.

() Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.

^T Degree availability varies by campus; consult www.tarleton.edu for more information.