



Associate of Arts-Kinesiology to
Bachelor of Science in Kinesiology –
Exercise and Sport Studies Concentration ^T



Guided Pathway

Effective for the 2019-2020 Catalog

First Year – Galveston College

FIRST SEMESTER	SECOND SEMESTER
^C ENGL 1301 Composition I	^C ENGL 1302 Composition II
^C HIST 1301 US History I	^C HIST 1302 US History II
^C MATH 1332 Contemporary Math	^C Creative Arts Elective
KINE 1301 Intro to Kinesiology	KINE 1338 Concepts of Fitness
KINE 1304 Personal/Comm/Wellness I	KINE 1346 Drug Abuse and Use
PHED 1148 Weight Training I	PHED 1148 Weight Training II

Total Semester Hours: 16

Total Semester Hours: 16

Second Year – Galveston College

It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
^C GOVT 2305 Federal Government	^C GOVT 2306 Texas Government
^C BIOL 2401 Anatomy and Physiology I	^C BIOL 2402 Anatomy and Physiology II
KINE 2356 Care and Prevention Athletic Injury	^C PSYC 2301 General Psychology
^C Language, Philosophy & Culture	^{*C} Communication Core Elective
PHED 1144 Strength and Conditioning	PHED 11XX Elective

Total Semester Hours: 14

Total Semester Hours: 14

AA: Kinesiology

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

These courses may be taken at Galveston College or TSU

^{*C} First Year Seminar Elective (Learning Frameworks)	Elective Course
Elective Course	Elective Course

Total Semester Hours: 10-12

Third Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
KINE 3370 – Physiology of Exercise	Advanced Elective Course
Advanced Elective Course	Advanced Elective Course
KINE 3380 – Adapted Physical Activity	KINE 3310 – Tests and Measurements
KINE 3360 – Sports Nutrition	KINE 2320 – Anatomical Kinesiology or KINE 3390 – Kinesiology
	KINE 3330 – Motor Behavior

Total Semester Hours: 12

Total Semester Hours: 15

Fourth Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
Advanced KINE Elective Course	Advanced KINE Elective Course
KINE 4305 – Capstone in Kinesiology	Advanced KINE Elective Course
Advanced KINE Elective Course	Advanced KINE Elective Course
Advanced Elective Course	Advanced KINE Elective Course

Total Semester Hours: 12

Total Semester Hours: 12

TOTAL: 121

This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

Part-time students may also follow this sequence. Developmental coursework may be required.

^{*} You may take a different course to meet this requirement. A specific list is available from your advisor.

^C This course counts for the Core Curriculum at any public college or university in Texas.

⁽⁾ Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.

^T Degree availability varies by campus; consult www.tarleton.edu for more information.

For questions about the University portion of this pathway,
Contact the Kinesiology Department at 254-968-9186.