



HEALTH SCIENCES

**Associate of Arts to
Bachelor of Science in Kinesiology
Exercise and Sport Studies Concentration[†]
Guided Pathway
Effective for the 2019-2020 catalog¹**



BHC CVC EFC ECC MVC NLC RLC

First Year – Brookhaven, Cedar Valley, Eastfield, El Centro, Mountain View, North Lake, and Richland College²

FIRST SEMESTER	SECOND SEMESTER
^C ENGL 1301 – Composition I (010)	^C ENGL 1302 – Composition II (010)
^C HIST 1301 – United States History I (060)	^C HIST 1302 – United States History II* (060)
^C MATH 1342 – Elementary Statistical Methods* (020)	^C SPCH 1311 – Introduction to Speech Communication OR (090) ^C SPCH 1315 – Public Speaking OR (090) ^C SPCH 1321 – Business & Professional Communication (090)
EDUC 1300 – Learning Framework@	KINE 1338 – Concepts of Physical Fitness
KINE 1301 – Foundations of Kinesiology	PHED x1xx – Physical Activity Course
^C PHED 1164 – Introduction to Physical Fitness and Wellness (090)	

Total Semester Hours: 16

Total Semester Hours: 13

Second Year – Brookhaven, Cedar Valley, Eastfield, El Centro, Mountain View, North Lake, and Richland College

It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
Choose One: ^C ENGL 2321 – British Literature* (040) ^C ENGL 2326 – American Literature* (040) ^C ENGL 2331 – World Literature* (040)	Choose One: ^C ARTS 1301 – Art Appreciation* (050) ^C DANC 2303 – Dance Appreciation I* (050) ^C DRAM 1310 – Introduction to Theater* (050) ^C HUMA 1315 – Fine Arts Appreciation* (050) ^C MUSI 1306 – Music Appreciation* (050)
^C GOVT 2305 – Federal Government (070)	^C GOVT 2306 – Texas Government (070)
^C BIOL 2401 – Anatomy and Physiology I [^] (030)	^C BIOL 2402 – Anatomy and Physiology II (030)
KINE x3xx – Kinesiology Specialization Course ⁺	Choose One: ^C PHED 1304 – Personal/Community Health, (080) ^C PSYC 2301 – General Psychology (080) ^C PSYC 2314 – Lifespan Growth & Development, (080) ^C SOCI 1301 – Introduction to Sociology (080)
KINE x3xx – Kinesiology Specialization Course ⁺	Elective Course (4 hours) ⁺
	PHED x1xx – Physical Activity Course

Total Semester Hours: 16

Total Semester Hours: 18

Associate of Arts (63 hours)

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

These courses may be taken at DCCCD or TSU	
Elective Course	Elective Course
Elective Course	

Total Semester Hours: 9

Third Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
KINE 3370 – Physiology of Exercise	Advanced Elective Course
Advanced Elective Course	Advanced Elective Course
KINE 3380 – Adapted Physical Activity	KINE 3310 – Tests and Measurements
KINE 3360 – Sports Nutrition	KINE 2320 – Anatomical Kinesiology or KINE 3390 – Kinesiology
	KINE 3330 – Motor Behavior

Total Semester Hours: 12

Total Semester Hours: 15

Fourth Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
Advanced KINE Elective Course	Advanced KINE Elective Course
KINE 4305 – Capstone in Kinesiology	Advanced KINE Elective Course
Advanced KINE Elective Course	Advanced KINE Elective Course
Advanced Elective Course	Advanced KINE Elective Course

Total Semester Hours: 12

Total Semester Hours: 12

Total Degree Hours: 123

This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

¹ Degree plans may change in later catalogs. You may use this pathway if you entered one of the seven colleges on or before this date.

² Students must earn at least 25% of the credit hours (15 hours) required for graduation through instruction by one of the seven DCCCD colleges awarding the degree.

^C This course counts for the Core Curriculum at any public college or university in Texas.

@ All college students with fewer than 12 semester credit hours of successful college credit (grade of "C" or above) must take a student success course in the first semester.

* There are several options to fulfill this requirement. See your academic advisor for a specific list.

[^] BIOL 1406 is a Prerequisite to BIOL 2401.

+ Elective courses should be selected according to the intended university you will transfer to. See your academic advisor for assistance with course selection.

You must earn a grade of "C" or better in English 1301 and the selected college-level mathematics course and receive a GPA of at least 2.00 on all college-level course work.

() Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.

[†] Degree availability varies by campus; consult www.tarleton.edu for more information.

Approved: 2019-2020 Guided Pathway



For questions regarding the university portion of this pathway,
Contact the Kinesiology Department at 254-968-9186.