



Associate of Arts-Kinesiology to  
Bachelor of Science in Kinesiology –  
Exercise and Allied Health Professions Concentration <sup>T</sup>  
**Guided Pathway**  
Effective for the 2019-2020 Catalog  
**First Year – Galveston College**



FIRST SEMESTER	SECOND SEMESTER
<sup>C</sup> ENGL 1301 Composition I	<sup>C</sup> ENGL 1302 Composition II
<sup>C</sup> HIST 1301 US History I	<sup>C</sup> HIST 1302 US History II
<sup>C</sup> MATH 1332 Contemporary Math	<sup>C</sup> Creative Arts Elective
KINE 1301 Intro to Kinesiology	KINE 1338 Concepts of Fitness
KINE 1304 Personal/Comm/Wellness I	KINE 1346 Drug Abuse and Use
PHED 1148 Weight Training I	PHED 1148 Weight Training II

Total Semester Hours: 16

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**Second Year – Galveston College**

It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
<sup>C</sup> GOVT 2305 Federal Government	<sup>C</sup> GOVT 2306 Texas Government
<sup>C</sup> BIOL 2401 Anatomy and Physiology I	<sup>C</sup> BIOL 2402 Anatomy and Physiology II
KINE 2356 Care and Prevention Athletic Injury	<sup>C</sup> PSYC 2301 General Psychology
<sup>C</sup> Language, Philosophy & Culture	<sup>C</sup> Communication Core Elective
PHED 1144 Strength and Conditioning	PHED 11XX Elective

Total Semester Hours: 14

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**AA: Kinesiology**

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

**These courses may be taken at Galveston College or TSU**

<sup>C</sup> First Year Seminar Elective (Learning Frameworks)	<sup>1</sup> Professional School Elective Course
<sup>1</sup> Professional School Elective Course	<sup>1</sup> Professional School Elective Course
KINE 1306 (PHED 1306) – First Aid and CPR	

Total Semester Hours: 13-15

**Third Year – Tarleton State University**

FIRST SEMESTER	SECOND SEMESTER
KINE 2320 – Anatomical Kinesiology	KINE 3330 – Motor Behavior
<sup>3</sup> Advanced KINE Elective Course	<sup>3</sup> Advanced KINE Elective Course
KINE 3370 – Physiology of Exercise	KINE 3310 – Tests and Measurements
KINE 3360 – Sports Nutrition	KINE 3390 – Kinesiology

Total Semester Hours: 12

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**Fourth Year – Tarleton State University**

FIRST SEMESTER	SECOND SEMESTER
<sup>3</sup> Advanced KINE Elective Course	<sup>3</sup> Advanced KINE Elective Course
KINE 4305 – Capstone in Kinesiology	KINE 3380 – Adapted Physical Activity
<sup>2</sup> Advanced Professional School Elective Course	KINE 4682 – Internship in Kinesiology
<sup>2</sup> Advanced Professional School Elective Course	<sup>2</sup> Advanced Professional School Elective Course

Total Semester Hours: 12

Total Semester Hours: 15

TOTAL: 124

**This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.**

Part-time students may also follow this sequence. Developmental coursework may be required.

<sup>\*</sup> You may take a different course to meet this requirement. A specific list is available from your advisor.

<sup>C</sup> This course counts for the Core Curriculum at any public college or university in Texas.

<sup>()</sup> Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.

<sup>T</sup> Degree availability varies by campus; consult [www.tarleton.edu](http://www.tarleton.edu) for more information.

<sup>1</sup> Choose from the following:

BIOL 1406 – Biology for Science Majors

CHEM 1412 – College Chemistry II

PSYC 2320 – Abnormal Psychology

BIOL 1407 – Biology for Science Majors

PHYS 1401 – College Physics I

SOCI 1301 – Introductory Sociology

CHEM 1411 – College Chemistry I

PHYS 1402 – College Physics II

Any KINE (PHED) Course

<sup>2</sup> Choose from the following:

ENGL 3309 – Technical Writing and Document Design

CHEM 4374 – Biochemistry I

HPTC 4350 – Pathophysiology for the Health Professionals

HPTC 4349 – Pharmacology for the Allied Health Professionals

PSYC 3307 – The Human Lifespan

BIOL 3407 – Microbiology

MATH 3450 – Principles of Bio-Statistics

<sup>3</sup> Choose from the following:

KINE 3304 – Orthopedic Assessment

KINE 3314 – Therapeutic Exercise and Rehabilitation

KINE 4340 – Exercise Electrocardiography

KINE 4390 – Biomechanics

KINE 4330 – Exercise Testing and Prescription

KINE 4335 – Applications in Clinical Exercise Physiology

*For questions about the University portion of this pathway,  
Contact the Kinesiology Department at 254-968-9186.*