



HEALTH SCIENCES

**Associate of Arts to  
Bachelor of Science in Kinesiology  
Coaching, Athletic Administration, and Recreation Concentration<sup>T</sup>  
Guided Pathway  
Effective for the 2019-2020 catalog<sup>1</sup>**



BHC CVC EFC ECC MVC NLC RLC

**First Year – Brookhaven, Cedar Valley, Eastfield, El Centro, Mountain View, North Lake, and Richland College<sup>2</sup>**

FIRST SEMESTER	SECOND SEMESTER
<sup>C</sup> ENGL 1301 – Composition I (010)	<sup>C</sup> ENGL 1302 – Composition II (010)
<sup>C</sup> HIST 1301 – United States History I (060)	<sup>C</sup> HIST 1302 – United States History II* (060)
<sup>C</sup> MATH 1342 – Elementary Statistical Methods* (020)	<sup>C</sup> SPCH 1311 – Introduction to Speech Communication (090) <sup>C</sup> SPCH 1315 – Public Speaking (090) <sup>C</sup> SPCH 1321 – Business & Professional Communication (090)
EDUC 1300 – Learning Framework@	KINE 1338 – Concepts of Physical Fitness
KINE 1301 – Foundations of Kinesiology	PHED x1xx – Physical Activity Course
<sup>C</sup> PHED 1164 – Introduction to Physical Fitness and Wellness (090)	

Total Semester Hours: 16

Total Semester Hours: 13

**Second Year – Brookhaven, Cedar Valley, Eastfield, El Centro, Mountain View, North Lake, and Richland College**

It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
<b>Choose One:</b>	<b>Choose One:</b>
<sup>C</sup> ENGL 2321 – British Literature* (040)	<sup>C</sup> ARTS 1301 – Art Appreciation* (050)
<sup>C</sup> ENGL 2326 – American Literature* (040)	<sup>C</sup> DANC 2303 – Dance Appreciation I* (050)
<sup>C</sup> ENGL 2331 – World Literature* (040)	<sup>C</sup> DRAM 1310 – Introduction to Theater* (050)
	<sup>C</sup> HUMA 1315 – Fine Arts Appreciation* (050)
	<sup>C</sup> MUSI 1306 – Music Appreciation* (050)
<sup>C</sup> GOVT 2305 – Federal Government (070)	<sup>C</sup> GOVT 2306 – Texas Government (070)
<sup>C</sup> BIOL 2401 – Anatomy and Physiology I <sup>A</sup> (030)	<sup>C</sup> BIOL 2402 – Anatomy and Physiology II (030)
KINE 1306 – First Aid and CPR	<b>Choose One:</b>
	<sup>C</sup> PHED 1304 – Personal/Community Health, (080)
	<sup>C</sup> PSYC 2301 – General Psychology (080)
	<sup>C</sup> PSYC 2314 – Lifespan Growth & Development, (080)
	<sup>C</sup> SOCI 1301 – Introduction to Sociology (080)
KINE 1308 – Sports Officiating	Elective Course (4 hours)+
	PHED x1xx – Physical Activity Course

Total Semester Hours: 16

Total Semester Hours: 18

**Associate of Arts (63 hours)**

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

**These courses may be taken at DCCCD or TSU**

KINE Activity Elective Course	Elective Course
Elective Course	

Total Semester Hours: 9

**Third Year – Tarleton State University**

FIRST SEMESTER	SECOND SEMESTER
KINE 2320 – Anatomical Kinesiology	KINE 3310 – Tests and Measurements
KINE 3360 – Sports Nutrition	KINE 3320 – Theory of Strength Training and Conditioning I
KINE 3370 – Physiology of Exercise	KINE 3330 – Motor Behavior
KINE 3326 – Outdoor Adventure or	KINE 2360 – Principles of Athletic Coaching
KINE 3355 – Principles of Health and Physical Education In Elementary Schools or	
KINE 3365 – Principles of Health and Physical Education In Secondary Schools or	
KINE 4302 – Psychological Aspects of Sports	

Total Semester Hours: 12

Total Semester Hours: 12

**Fourth Year – Tarleton State University**

FIRST SEMESTER	SECOND SEMESTER
KINE 3375 – Legal Issues in Sport and Recreation	Advance Elective Course
KINE 4305 – Capstone in Kinesiology	Advance Elective Course
KINE 4350 – Recreational and Sport Facility Management	KINE 4682 – Internship in Kinesiology
KINE 3380 – Adapted Physical Activity	KINE 3326 – Outdoor Adventure or
	KINE 3355 – Principles of Health and Physical Education In Elementary Schools or
	KINE 3365 – Principles of Health and Physical Education In Secondary Schools or
	KINE 4302 – Psychological Aspects of Sports

Total Semester Hours: 12

Total Semester Hours: 15

Total Degree Hours: 123

<sup>1</sup> This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

<sup>2</sup> Degree plans may change in later catalogs. You may use this pathway if you entered one of the seven colleges on or before this date.

<sup>3</sup> Students must earn at least 25% of the credit hours (15 hours) required for graduation through instruction by one of the seven DCCCD colleges awarding the degree.

<sup>4</sup> This course counts for the Core Curriculum at any public college or university in Texas.

<sup>5</sup> All college students with fewer than 12 semester credit hours of successful college credit (grade of "C" or above) must take a student success course in the first semester.

<sup>6</sup> There are several options to fulfill this requirement. See your academic advisor for a specific list.

<sup>7</sup> BIOL 1406 is a Prerequisite to BIOL 2401.

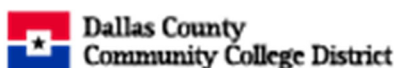
<sup>8</sup> Elective courses should be selected according to the intended university you will transfer to. See your academic advisor for assistance with course selection.

<sup>9</sup> You must earn a grade of "C" or better in English 1301 and the selected college-level mathematics course and receive a GPA of at least 2.00 on all college-level course work.

<sup>10</sup> Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.

<sup>11</sup> Degree availability varies by campus; consult [www.tarleton.edu](http://www.tarleton.edu) for more information.

**Approved: 2019-2020 Guided Pathway**



For questions regarding the university portion of this pathway,  
Contact the Kinesiology Department at 254-968-9186.