

**AA, General Studies- Kinesiology to  
Bachelor of Science in Kinesiology  
Coaching, Athletic Administration, and Recreation Concentration<sup>T</sup>  
Guided Pathway  
Effective for the 2019-2020 Catalog**

**First Year – North Central Texas College**

FIRST SEMESTER	SECOND SEMESTER
ENGL 1301 Composition I	ENGL 1302 Composition II or ENGL 2311 Technical Writing
HIST 1301 US History I	HIST 1302 US History II or HIST 2301 Texas History
EDUC/PSYC 1300 Learning Frameworks	BIOL 2401 Anatomy & Physiology I
MATH 1342 Elementary Statistics	PSYC 2314 Lifespan Growth & Development
BIOL 1322 Nutrition	PHED 1301 Intro to Physical Fitness/Sport

Total Semester Hours: 15

Total Semester Hours: 16

**Second Year – North Central Texas College**

It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
GOVT 2305 American National Government	GOVT 2306 Texas Government
SPCH 1311 Intro to Communications, SPCH 1315 Public Speaking, or SPCH 1321 Business & Professional	ARTS 1301 Art Appreciation or other creative Arts core
BIOL 2402 Anatomy & Physiology II	PHED 1321 Coaching/Sports/Athletics I
ANTH 2346 General Anthropology or other Language/Philosophy/Culture core	PHED 1338 Concepts of Fitness
PHED 1308 Sports Officiating I or two PHED activity courses	PHED 1308 Sports Officiating II or two PHED activity courses

Total Semester Hours: 16

Total Semester Hours: 15

**Associates of Arts- General Studies- Kinesiology Majors**

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

**These courses may be completed at NCTC or TSU**

KINE Activity Elective Course	KINE Activity Elective Course
<b>KINE 1306 (PHED 1306)</b> – First Aid and CPR or <b>KINE 2356 (PHED 2356)</b> – Prevention and Care of Athletic Injuries	Elective Course

Total Semester Hours: 12

**Third Year – Tarleton State University**

FIRST SEMESTER	SECOND SEMESTER
<b>KINE 2320</b> - Anatomical Kinesiology	<b>KINE 3310</b> – Tests and Measurements
<b>KINE 3360</b> – Sports Nutrition	<b>KINE 3320</b> – Theory of Strength Training and Conditioning I
<b>KINE 3370</b> – Physiology of Exercise	<b>KINE 3330</b> – Motor Behavior
<b>KINE 3326</b> – Outdoor Adventure or <b>KINE 3355</b> – Principles of Health and Physical Education In Elementary Schools or <b>KINE 3365</b> – Principles of Health and Physical Education In Secondary Schools or <b>KINE 4302</b> – Psychological Aspects of Sports	<b>KINE 3380</b> – Adapted Physical Activity

Total Semester Hours: 12

Total Semester Hours: 12

**Fourth Year – Tarleton State University**

FIRST SEMESTER	SECOND SEMESTER
<b>KINE 3375</b> – Legal Issues in Sport and Recreation	Advance Elective Course
<b>KINE 4305</b> – Capstone in Kinesiology	Advance Elective Course
<b>KINE 4350</b> – Recreational and Sport Facility Management	
<b>KINE 2360</b> – Principles of Athletic Coaching	<b>KINE 4682</b> – Internship in Kinesiology
	<b>KINE 3326</b> – Outdoor Adventure or <b>KINE 3355</b> – Principles of Health and Physical Education In Elementary Schools or <b>KINE 3365</b> – Principles of Health and Physical Education In Secondary Schools or <b>KINE 4302</b> – Psychological Aspects of Sports

Total Semester Hours: 12

Total Semester Hours: 12

Total Degree Hours: 122

**This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.**

Part-time students may also follow this sequence. Developmental coursework may be required.

<sup>C</sup> This course counts for the Core Curriculum at any public college or university in Texas.

<sup>T</sup> Degree availability varies by campus; consult [www.tarleton.edu](http://www.tarleton.edu) for more information.

**\*MATH 1314 is a prerequisite to CHEM 1411, and MATH 1314 along with either MATH 1316 or 2412 are prerequisites to MATH 2413 and PHYS 1401 or 2425. Until you have completed these prerequisites you will be under a General Studies major (AA or AS degree). Some Math prerequisites may be satisfied by earning required scores on CLEP, AP, IB, ACT, SAT, or an NCTC approved Math placement exam. Please see an advisor at NCTC for details.**

*For questions about the university portion of this pathway,  
contact the Kinesiology Department at 254-968-9186.*