



Associate of Science in Sport and Recreation  
Bachelor of Science in Kinesiology –  
Exercise and Allied Health Professions Concentration <sup>T</sup>



**Guided Pathway**

Effective for the 2019-2020 Catalog

**First Year – Paris Junior College**

FIRST SEMESTER	SECOND SEMESTER
<b>EDUC/PSYC 1100</b> – Learning Framework	<sup>C</sup> <b>BIOL 2401</b> – Anatomy & Physiology I (030)
<sup>C</sup> <b>ENGL 1301</b> – Composition I (010)	<sup>C</sup> <b>COMM 1307</b> – Introduction to Mass Comm. (040)
<sup>C</sup> <b>HIST 1301</b> – United States History I (060)	<sup>C</sup> <b>ENGL 1302</b> – Composition II (010)
<sup>C</sup> <b>MATH 1342</b> – Elementary Statistical Methods (020)	<sup>C</sup> <b>HIST 1302</b> – United States History II (060)
<sup>C</sup> <b>MUSI 1306</b> – Music Appreciation (050)	<b>PHED 1338</b> – Concepts of Physical Fitness
<b>PHED 1301</b> – Foundations of Kinesiology	

Total Semester Hours: 16

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**Second Year – Paris Junior College**

It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
<sup>C</sup> <b>BIOL 2402</b> – Anatomy & Physiology II (030)	<b>ACCT 2301</b> – Principles of Financial Accounting
<sup>C</sup> <b>ECON 2301</b> – Principles of Macroeconomics (080)	<sup>C</sup> <b>ECON 2302</b> – Principles of Microeconomics (090)
<sup>C</sup> <b>GOVT 2305</b> – Federal Government (070)	<sup>C</sup> <b>GOVT 2306</b> – Texas Government (070)
<b>PHED 1306</b> – First Aid	<b>PHED 2356</b> – Care and Prevention of Athletic Injuries
<sup>C</sup> <b>SPCH 1315</b> – Public Speaking (090)	

Total Semester Hours: 16

Total Semester Hours: 12

**AS: Sport and Recreation**

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

These courses may be taken at Paris Junior College or TSU	
<sup>1</sup> Professional School Elective Course	<sup>C</sup> <b>PSYC 2301</b> - General Psychology
KINE Activity Elective Course	<sup>1</sup> Professional School Elective Course
<sup>1</sup> Professional School Elective Course	<sup>1</sup> Professional School Elective Course
<sup>1</sup> Professional School Elective Course	

Total Semester Hours: 21

**Third Year – Tarleton State University**

FIRST SEMESTER	SECOND SEMESTER
<b>KINE 2320</b> - Anatomical Kinesiology	<b>KINE 3330</b> – Motor Behavior
<sup>3</sup> Advanced KINE Elective Course	<sup>3</sup> Advanced KINE Elective Course
<b>KINE 3370</b> – Physiology of Exercise	<b>KINE 3310</b> – Tests and Measurements
<b>KINE 3360</b> – Sports Nutrition	<b>KINE 3390</b> – Kinesiology

Total Semester Hours: 12

Total Semester Hours: 12

**Fourth Year – Tarleton State University**

FIRST SEMESTER	SECOND SEMESTER
<sup>3</sup> Advanced KINE Elective Course	<sup>3</sup> Advanced KINE Elective Course
<b>KINE 4305</b> – Capstone in Kinesiology	<b>KINE 3380</b> – Adapted Physical Activity
<sup>2</sup> Advanced Professional School Elective Course	<b>KINE 4682</b> – Internship in Kinesiology
<sup>2</sup> Advanced Professional School Elective Course	<sup>2</sup> Advanced Professional School Elective Course

Total Semester Hours: 12

Total Semester Hours: 12

TOTAL: 129

**This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.**

Part-time students may also follow this sequence. Developmental coursework may be required.

\* You may take a different course to meet this requirement. A specific list is available from your advisor.

<sup>C</sup> This course counts for the Core Curriculum at any public college or university in Texas.

() Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.

<sup>T</sup> Degree availability varies by campus; consult [www.tarleton.edu](http://www.tarleton.edu) for more information.

For questions regarding the university portion of this pathway,  
Contact the Kinesiology Department at 254-968-9186.