



Associate of Science in Sport and Recreation  
Bachelor of Science in Kinesiology –  
Coaching, Athletic Administration, and Recreation Concentration <sup>T</sup>



**Guided Pathway**

Effective for the 2019-2020 Catalog

**First Year – Paris Junior College**

FIRST SEMESTER	SECOND SEMESTER
<b>EDUC/PSYC 1100</b> – Learning Framework	<sup>C</sup> <b>BIOL 2401</b> – Anatomy & Physiology I (030)
<sup>C</sup> <b>ENGL 1301</b> – Composition I (010)	<sup>C</sup> <b>COMM 1307</b> – Introduction to Mass Comm. (040)
<sup>C</sup> <b>HIST 1301</b> – United States History I (060)	<sup>C</sup> <b>ENGL 1302</b> – Composition II (010)
<sup>C</sup> <b>MATH 1342</b> – Elementary Statistical Methods (020)	<sup>C</sup> <b>HIST 1302</b> – United States History II (060)
<sup>C</sup> <b>MUSI 1306</b> – Music Appreciation (050)	<b>PHED 1338</b> – Concepts of Physical Fitness
<b>PHED 1301</b> – Foundations of Kinesiology	

Total Semester Hours: 16

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**Second Year – Paris Junior College**

It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
<sup>C</sup> <b>BIOL 2402</b> – Anatomy & Physiology II (030)	<b>ACCT 2301</b> – Principles of Financial Accounting
<sup>C</sup> <b>ECON 2301</b> – Principles of Macroeconomics (080)	<sup>C</sup> <b>ECON 2302</b> – Principles of Microeconomics (090)
<sup>C</sup> <b>GOVT 2305</b> – Federal Government (070)	<sup>C</sup> <b>GOVT 2306</b> – Texas Government (070)
<b>PHED 1306</b> – First Aid	<b>PHED 2356</b> – Care and Prevention of Athletic Injuries
<sup>C</sup> <b>SPCH 1315</b> – Public Speaking (090)	

Total Semester Hours: 16

Total Semester Hours: 12

**AS: Sport and Recreation**

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

**These courses may be taken at Paris Junior College or TSU**

<b>KINE 1308 (PHED 1308)</b> – Sports Officiating or <b>KINE 2330</b> – Individual and Dual Sport Skills or <b>KINE 2340</b> – Team Sport Skills	KINE Activity Elective Course
KINE Activity Elective Course	

Total Semester Hours: 9

**Third Year – Tarleton State University**

FIRST SEMESTER	SECOND SEMESTER
<b>KINE 2320</b> - Anatomical Kinesiology	<b>KINE 3310</b> – Tests and Measurements
<b>KINE 3360</b> – Sports Nutrition	<b>KINE 3320</b> – Theory of Strength Training and Conditioning I
<b>KINE 3370</b> – Physiology of Exercise	<b>KINE 3330</b> – Motor Behavior
<b>KINE 3326</b> – Outdoor Adventure or <b>KINE 3355</b> – Principles of Health and Physical Education In Elementary Schools or <b>KINE 3365</b> – Principles of Health and Physical Education In Secondary Schools or <b>KINE 4302</b> – Psychological Aspects of Sports	<b>KINE 3380</b> – Adapted Physical Activity

Total Semester Hours: 12

Total Semester Hours: 12

**Fourth Year – Tarleton State University**

FIRST SEMESTER	SECOND SEMESTER
<b>KINE 3375</b> – Legal Issues in Sport and Recreation	Advance Elective Course
<b>KINE 4305</b> – Capstone in Kinesiology	Advance Elective Course
<b>KINE 4350</b> – Recreational and Sport Facility Management	<b>KINE 4682</b> – Internship in Kinesiology
<b>KINE 2360</b> – Principles of Athletic Coaching	<b>KINE 3326</b> – Outdoor Adventure or <b>KINE 3355</b> – Principles of Health and Physical Education In Elementary Schools or <b>KINE 3365</b> – Principles of Health and Physical Education In Secondary Schools or <b>KINE 4302</b> – Psychological Aspects of Sports

Total Semester Hours: 12

Total Semester Hours: 15

TOTAL: 120

**This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.**

Part-time students may also follow this sequence. Developmental coursework may be required.

\* You may take a different course to meet this requirement. A specific list is available from your advisor.

<sup>C</sup> This course counts for the Core Curriculum at any public college or university in Texas.

() Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.

<sup>T</sup> Degree availability varies by campus; consult [www.tarleton.edu](http://www.tarleton.edu) for more information.

*For questions regarding the university portion of this pathway,  
Contact the Kinesiology Department at 254-968-9186.*