



AS General Studies - Kinesiology Emphasis to

Bachelor of Science in Kinesiology

With a Fitness, Athletic, and Strength Training Concentration ^T



Guided Pathway

Effective beginning with the 2021-2022 catalog

First Year - Collin College

FIRST SEMESTER	SECOND SEMESTER
<ul style="list-style-type: none"> ◌ ENGL 1301 – Composition I ◌ Mathematics course (see list below) ◌ Speech course (see list below) ◌ History course (see list below) *Track Options (TSU requires KINE 1301 Foundations of Kinesiology) 	<ul style="list-style-type: none"> ◌ ENGL 1302 – Composition II OR ENGL 2311 ◌ Life & Physical Sciences course (TSU requires BIOL 2401 Anatomy & Physiology I) ◌ Language, Philosophy, & Culture course ◌ History course (see list below) *Track Options (TSU requires KINE 1338 Concepts of Physical Fitness)
Total Semester Hours: 15	Total Semester Hours: 16

Second Year - Collin College

FIRST SEMESTER	SECOND SEMESTER
<ul style="list-style-type: none"> ◌ GOVT 2305 – Federal Government ◌ Life & Physical Sciences course (TSU requires BIOL 2402 Anatomy & Physiology II) ◌ Social/Behavioral Sciences course (see list below) *Track Options (TSU requires KINE 2380 Essentials of Personal Training) *Track Options (KINE 2330 Individual and Dual Sports Skills) 	<ul style="list-style-type: none"> ◌ GOVT 2306 – Texas Government ◌ Creative Arts course (see list below) *Track Options (TSU requires KINE 1306 First Aid and CPR) *Track Options (TSU requires KINE 2390 Fundamentals of Group Exercise Training) ◌ Core Elective (TSU requires 3 credits)
Total Semester Hours: 16	Total Semester Hours: 15

AS: General Studies – Kinesiology Emphasis

Contact your advisor at Collin College for information about applying for your associate degree.

These courses may be completed at Collin College (if offered) or TSU

KINE 12XX Activity Course	KINE 12XX Activity Course
Elective (3 credit min)	
	Total Semester Hours: 7

Third Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	
Total Semester Hours: 15	Total Semester Hours: 12

Fourth Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Total Semester Hours: 12	Total Semester Hours: 12

This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

Part-time students may also follow this sequence. Developmental coursework may be required.

* You may take a different course to meet this requirement. A specific list is available from your advisor.

◌ This course counts for the Core Curriculum at any public college or university in Texas.

(I) Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.

^T Degree availability varies by campus; consult www.tarleton.edu for more information.

Collin Options:

Mathematics – MATH 1314, 1316, 1342, 2305, 2318, 2320, 2412, 2413, 2414, 2415. AA/AAT degrees may also choose from: MATH 1324, 1325, 1332, 1350, 1351

Life & Physical Sciences – BIOL 1406, 1407, 1414, 1415, 2401, 2402, 2406, 2416, 2423, CHEM 1411, 1412, 2423, 2425, ENVR 1401, 1402, GEOL 1403, 1404, PHYS 1401, 1402, 1445, 1447, PHYS 1403, 1404, 1405, 1410, 1415, 1417

Language, Philosophy, & Culture – ENGL 2322, 2323, 2327, 2328, 2332, 2333, 2341, HIST 2311, 2312, 2321, 2322, HUMA 1301, PHIL 1301, 1304, 2303, 2306, 2307, 2321

Creative Arts – ARTS 1301, 1303, 1304, 1313, DANC 2303, DRAM 1310, 2361, 2362, 2366, MUSI 1306, 1307, 1310

American History – HIST 1301, 1302, 2301

Social/Behavioral Sciences – ANTH 2302, 2346, 2351, ECON 1301, 2301, 2302, PSYC 2301, SOCI 1301, 1306

Speech – SPCH 1311, 1315, 1321

Core Elective – choose one from: EDUC 1100, 1300, KINE 1164, 1304, 1338, or any core course not used to meet the requirement of another component.

*Track Options:

Athletic Training Recommended Electives –

BIOL 1322 – Nutrition and Diet Therapy
KINE 1304 – Personal/Community Health
KINE 1306 – First Aid
KINE 1338 – Concepts of Physical Fitness
KINE 2356 – Care and Prevention of Athletic Injuries

Exercise Science Recommended Electives –

KINE 1100, 2100, 1106, 2106, 1129, 1131
KINE 1164 – Introduction to Physical Fitness and Wellness
KINE 1301 – Foundations of Kinesiology
KINE 1304 – Personal / Community Health
KINE 1306 – First Aid
KINE 1338 – Concepts of Physical Fitness

Sports Management Recommended Electives –

KINE 1301 – Foundations of Kinesiology
KINE 1336 – Introduction to Sports Management