



# AS General Studies - Kinesiology Emphasis to

## Bachelor of Science in Kinesiology

### With an Exercise and Sports Studies Concentration<sup>†</sup>

## Guided Pathway



Effective beginning with the 2021-2022 catalog

### First Year - Collin College

FIRST SEMESTER	SECOND SEMESTER
<sup>c</sup> ENGL 1301 – Composition I	<sup>c</sup> ENGL 1302 – Composition II <b>OR</b> ENGL 2311
<sup>c</sup> Mathematics course (see list below)	<sup>c</sup> Life & Physical Sciences course (TSU requires BIOL 2401 Anatomy & Physiology I)
<sup>c</sup> Speech course (see list below)	<sup>c</sup> Language, Philosophy, & Culture course
<sup>c</sup> History course (see list below)	<sup>c</sup> History course (see list below)
<sup>*</sup> Track Options (TSU requires KINE 1301 (PHED 1301) Foundations of Kinesiology)	<sup>*</sup> Track Options (TSU requires KINE 1338 (PHED 1338) Concepts of Physical Fitness)
Total Semester Hours: 15	Total Semester Hours: 16

### Second Year - Collin College

FIRST SEMESTER	SECOND SEMESTER
<sup>c</sup> GOVT 2305 – Federal Government	<sup>c</sup> GOVT 2306 – Texas Government
<sup>c</sup> Life & Physical Sciences course (TSU requires 4 credits)	<sup>c</sup> Creative Arts course (see list below)
<sup>c</sup> Social/Behavioral Sciences course	<sup>*</sup> Track Options (see list below)
<sup>*</sup> Track Options (see list below)	<sup>*</sup> Track Options (see list below)
<sup>*</sup> Track Options (see list below)	<sup>c</sup> Core Elective (see list below) (TSU requires 3 credits)
Total Semester Hours: 16	Total Semester Hours: 15

## AS: General Studies – Kinesiology Emphasis

Contact your advisor at Collin College for information about applying for your associate degree.

These courses may be completed at Collin College (if offered) or TSU	
KINE 12XX Activity Course (2 credits)	Elective (4 credit min)
Elective (3 credit min)	Elective (4 credit min)
Total Semester Hours: 5	Total Semester Hours: 8

### Third Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Total Semester Hours: 12	Total Semester Hours: 12

### Fourth Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	
Total Semester Hours: 12	Total Semester Hours: 9

<sup>†</sup> This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

Part-time students may also follow this sequence. Developmental coursework may be required.

<sup>a</sup> You may take a different course to meet this requirement. A specific list is available from your advisor.

<sup>c</sup> This course counts for the Core Curriculum at any public college or university in Texas.

<sup>(j)</sup> Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.

<sup>\*</sup> Degree availability varies by campus; consult [www.tarleton.edu](http://www.tarleton.edu) for more information.

#### Collin Options:

Mathematics – MATH 1314, 1316, 1342, 2305, 2318, 2320, 2412, 2413, 2414, 2415. AA/AAT degrees may also choose from: MATH 1324, 1325, 1332, 1350, 1351

Life & Physical Sciences – BIOL 1406, 1407, 1414, 1415, 2401, 2402, 2406, 2416, 2421, CHEM 1411, 1412, 2423, 2425, ENVR 1401, 1402, GEOL 1403, 1404, PHYS 1401, 1402, 2425, 2426. AA/AAT degrees may also choose from: BIOL 1408, 1409, 2404, 2420, CHEM 1405, GEOL 1401, 1402, 1445, 1447, PHYS 1403, 1404, 1405, 1410, 1415, 1417

Language, Philosophy, & Culture – ENGL 2322, 2323, 2327, 2328, 2332, 2333, 2341, HIST 2311, 2312, 2321, 2322, HUMA 1301, PHIL 1301, 1304, 2303, 2306, 2307, 2321

Creative Arts – ARTS 1301, 1303, 1304, 1313, DANC 2303, DRAM 1310, 2361, 2362, 2366, MUSI 1306, 1307, 1310

American History – HIST 1301, 1302, 2301

Social/Behavioral Sciences – ANTH 2302, 2346, 2351, ECON 1301, 2301, 2302, PSYC 2301, SOCI 1301, 1306

Speech – SPCH 1311, 1315, 1321

Core Elective – choose one from: EDUC 1100, 1300, KINE 1164, 1304, 1338, or any core course not used to meet the requirement of another component.

#### \*Track Options:

Athletic Training Recommended Electives –

BIOL 1322 – Nutrition and Diet Therapy

KINE 1304 – Personal/Community Health

KINE 1306 – First Aid

KINE 1338 – Concepts of Physical Fitness

KINE 2356 – Care and Prevention of Athletic Injuries

Exercise Science Recommended Electives –

KINE 1100, 2100, 1106, 2106, 1129, 1131

KINE 1164 – Introduction to Physical Fitness and Wellness

KINE 1301 – Foundations of Kinesiology

KINE 1304 – Personal / Community Health

KINE 1306 – First Aid

KINE 1338 – Concepts of Physical Fitness

Sports Management Recommended Electives –

KINE 1301 – Foundations of Kinesiology

KINE 1336 – Introduction to Sports Management