

**AA, General Studies- Kinesiology to
Bachelor of Science in Kinesiology
Exercise and Sport Studies Concentration^T
Guided Pathway
Effective for the 2019-2020 Catalog**

First Year – North Central Texas College

| FIRST SEMESTER | SECOND SEMESTER |
|------------------------------------|---|
| ENGL 1301 Composition I | ENGL 1302 Composition II or ENGL 2311 Technical Writing |
| HIST 1301 US History I | HIST 1302 US History II or HIST 2301 Texas History |
| EDUC/PSYC 1300 Learning Frameworks | BIOL 2401 Anatomy & Physiology I |
| MATH 1342 Elementary Statistics | PSYC 2314 Lifespan Growth & Development |
| BIOL 1322 Nutrition | PHED 1301 Intro to Physical Fitness/Sport |

Total Semester Hours: 15

Total Semester Hours: 16

Second Year – North Central Texas College

It's best to apply to Tarleton State University a full semester before you plan to transfer.

| FIRST SEMESTER | SECOND SEMESTER |
|--|--|
| GOVT 2305 American National Government | GOVT 2306 Texas Government |
| SPCH 1311 Intro to Communications, SPCH 1315 Public Speaking, or SPCH 1321 Business & Professional | ARTS 1301 Art Appreciation or other creative Arts core |
| BIOL 2402 Anatomy & Physiology II | PHED 1321 Coaching/Sports/Athletics I |
| ANTH 2346 General Anthropology or other Language/Philosophy/Culture core | PHED 1338 Concepts of Fitness |
| PHED 1308 Sports Officiating I or two PHED activity courses | PHED 1308 Sports Officiating II or two PHED activity courses |

Total Semester Hours: 16

Total Semester Hours: 15

Associates of Arts- General Studies- Kinesiology Majors

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

These courses may be completed at NCTC or TSU

| | |
|-------------------------------|-----------------|
| KINE Activity Elective Course | Elective Course |
| Elective Course | |

Total Semester Hours: 9

Third Year – Tarleton State University

| FIRST SEMESTER | SECOND SEMESTER |
|--|--|
| KINE 3370 – Physiology of Exercise | Advanced Elective Course |
| Advanced Elective Course | Advanced Elective Course |
| KINE 3380 – Adapted Physical Activity | KINE 3310 – Tests and Measurements |
| KINE 3360 – Sports Nutrition | KINE 2320 – Anatomical Kinesiology or KINE 3390 – Kinesiology |
| | KINE 3330 – Motor Behavior |

Total Semester Hours: 12

Total Semester Hours: 15

Fourth Year – Tarleton State University

| FIRST SEMESTER | SECOND SEMESTER |
|--|-------------------------------|
| Advanced KINE Elective Course | Advanced KINE Elective Course |
| KINE 4305 – Capstone in Kinesiology | Advanced KINE Elective Course |
| Advanced KINE Elective Course | Advanced KINE Elective Course |
| Advanced Elective Course | Advanced KINE Elective Course |

Total Semester Hours: 12

Total Semester Hours: 12

Total Degree Hours: 122

This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

Part-time students may also follow this sequence. Developmental coursework may be required.

^C This course counts for the Core Curriculum at any public college or university in Texas.

^T Degree availability varies by campus; consult www.tarleton.edu for more information.

***MATH 1314 is a prerequisite to CHEM 1411, and MATH 1314 along with either MATH 1316 or 2412 are prerequisites to MATH 2413 and PHYS 1401 or 2425. Until you have completed these prerequisites you will be under a General Studies major (AA or AS degree). Some Math prerequisites may be satisfied by earning required scores on CLEP, AP, IB, ACT, SAT, or an NCTC approved Math placement exam. Please see an advisor at NCTC for details.**