



AS Kinesiology to  
Bachelor of Science in Kinesiology –  
Exercise and Allied Health Professions Concentration <sup>T</sup>  
**Guided Pathway**  
Effective for the 2019-2020 Catalog



### First Year – Central Texas College

| FIRST SEMESTER                                   | SECOND SEMESTER  |
|--|--|
| <sup>C</sup> ENGL 1301 Composition I             | <sup>C</sup> SPCH 1315, 1318 or 1321                                       |
| <sup>C</sup> HIST 1301 United States History I   | <sup>C</sup> HIST 1302 United States History II                            |
| <sup>C</sup> MATH 1314 College Algebra           | <sup>C*</sup> Language, Philosophy & Culture- Sophomore English Literature |
| <sup>C*</sup> Component Area Option              | KINE 1306 First Aid  |
| KINE 1301 Intro. to Physical Fitness & Sport     | <sup>1</sup> Professional School Elective Course                           |
| <sup>1</sup> Professional School Elective Course |  |

Total Semester Hours: 18

Total Semester Hours: 15

### Second Year – Central Texas College

It's best to apply to Tarleton State University a full semester before you plan to transfer.

| FIRST SEMESTER                                  | SECOND SEMESTER                                   |
|---|---|
| <sup>C</sup> BIOL 2401 Anatomy and Physiology I | <sup>C</sup> BIOL 2402 Anatomy and Physiology II  |
| <sup>C</sup> GOVT 2305 Federal Government       | <sup>C</sup> GOVT 2306 Texas Government           |
| <sup>C*</sup> Creative Arts Selection           | <sup>C*</sup> Social/Behavioral Science Selection |
| KINE 1304 Personal/Comm. Health I               | KINE 1321 Coaching/Sports/Athletics I             |
| KINE Physical Activity Course (2 credit)        | KINE 1338 Concepts of Physical Fitness            |

Total Semester Hours: 15

Total Semester Hours: 16

### AS: Kinesiology

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

#### These courses may be completed at CTC (if offered) or TSU

|  |   |
|--|---|
| <sup>C</sup> ENGL 1302 – Composition II          | <sup>1</sup> Professional School Elective Course                        |
| <sup>1</sup> Professional School Elective Course | <b>KINE 2356 (PHED 2356)</b> – Prevention and Care of Athletic Injuries |

Total Semester Hours: 12

### Third Year – Tarleton State University

| FIRST SEMESTER                             | SECOND SEMESTER                            |
|--|--|
| <b>KINE 2320</b> - Anatomical Kinesiology  | <b>KINE 3330</b> – Motor Behavior          |
| <sup>3</sup> Advanced KINE Elective Course | <sup>3</sup> Advanced KINE Elective Course |
| <b>KINE 3370</b> – Physiology of Exercise  | <b>KINE 3310</b> – Tests and Measurements  |
| <b>KINE 3360</b> – Sports Nutrition        | <b>KINE 3390</b> – Kinesiology             |

Total Semester Hours: 12

Total Semester Hours: 12

### Fourth Year – Tarleton State University

| FIRST SEMESTER  | SECOND SEMESTER   |
|---|---|
| <sup>3</sup> Advanced KINE Elective Course                | <sup>3</sup> Advanced KINE Elective Course                |
| <b>KINE 4305</b> – Capstone in Kinesiology                | <b>KINE 3380</b> – Adapted Physical Activity              |
| <sup>2</sup> Advanced Professional School Elective Course | <b>KINE 4682</b> – Internship in Kinesiology              |
| <sup>2</sup> Advanced Professional School Elective Course | <sup>2</sup> Advanced Professional School Elective Course |

Total Semester Hours: 12

Total Semester Hours: 12

Total Degree Hours: 124

**This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.**

Part-time students may also follow this sequence. Developmental coursework may be required.

\* You may take a different course to meet this requirement. A specific list is available from your advisor.

<sup>C</sup> This course counts for the Core Curriculum at any public college or university in Texas.

( ) Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.

<sup>T</sup> Degree availability varies by campus; consult [www.tarleton.edu](http://www.tarleton.edu) for more information.

<sup>1</sup> Choose from the following:

**BIOL 1406** – Biology for Science Majors

**BIOL 1407** – Biology for Science Majors

**CHEM 1411** – College Chemistry I

**CHEM 1412** – College Chemistry II

**PHYS 1401** – College Physics I

**PHYS 1402** – College Physics II

**PSYC 2320** – Abnormal Psychology

**SOCI 1301** – Introductory Sociology

Any KINE (PHED) Course

<sup>2</sup> Choose from the following:

**ENGL 3309** – Technical Writing and Document Design

**BIOL 3407** – Microbiology

*For questions about the University portion of this pathway,  
Contact the Kinesiology Department at 254-968-9186.*



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**CHEM 4374** – Biochemistry I

**PSYC 3307** – The Human Lifespan

**MATH 3450** – Principles of Bio-Statistics

**HPTC 4350** – Pathophysiology for the Health Professionals

**HPTC 4349** – Pharmacology for the Allied Health Professionals

<sup>3</sup> Choose from the following:

**KINE 3304** – Orthopedic Assessment

**KINE 3314** – Therapeutic Exercise and Rehabilitation

**KINE 4340** – Exercise Electrocardiography **KINE 4390** – Biomechanics

**KINE 4330** – Exercise Testing and Prescription

**KINE 4335** – Applications in Clinical Exercise Physiology

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