

AS Kinesiology to Bachelor of Science in Kinesiology – Exercise and Allied Health Professions Concentration Guided Pathway

Effective for the 2019-2020 Catalog



First Year – Central Texas College

FIRST SEMESTER	SECOND SEMESTER
^c ENGL 1301 Composition I	^c SPCH 1315, 1318 or 1321
^c HIST 1301 United States History I	^c HIST 1302 United States History II
^c MATH 1314 College Algebra	^{C*} Language, Philosophy & Culture- Sophomore English Literature
C*Component Area Option	KINE 1306 First Aid
KINE 1301 Intro. to Physical Fitness & Sport	¹ Professional School Elective Course
¹ Professional School Elective Course	

Total Semester Hours: 18

Total Semester Hours: 15

Second Year - Central Texas College

It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
^c BIOL 2401 Anatomy and Physiology I	^c BIOL 2402 Anatomy and Physiology II
^c GOVT 2305 Federal Government	^c GOVT 2306 Texas Government
^c *Creative Arts Selection	^c *Social/Behavioral Science Selection
KINE 1304 Personal/Comm. Health I	KINE 1321 Coaching/Sports/Athletics I
KINE Physical Activity Course (2 credit)	KINE 1338 Concepts of Physical Fitness

Total Semester Hours: 15

Total Semester Hours: 16

AS: Kinesiology

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

These courses may be completed at CTC (if offered) or TSU		
^c ENGL 1302 – Composition II	¹ Professional School Elective Course	
¹ Professional School Elective Course	KINE 2356 (PHED 2356) – Prevention and Care of Athletic Injuries	

Total Semester Hours: 12

Third Year - Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
KINE 2320 - Anatomical Kinesiology	KINE 3330 – Motor Behavior
³ Advanced KINE Elective Course	³ Advanced KINE Elective Course
KINE 3370 – Physiology of Exercise	KINE 3310 – Tests and Measurements
KINE 3360 – Sports Nutrition	KINE 3390 – Kinesiology

Total Semester Hours: 12

Total Semester Hours: 12

Fourth Year - Tarleton State University

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FIRST SEMESTER	SECOND SEMESTER
³ Advanced KINE Elective Course	³ Advanced KINE Elective Course
KINE 4305 – Capstone in Kinesiology	KINE 3380 – Adapted Physical Activity
² Advanced Professional School Elective Course	KINE 4682 – Internship in Kinesiology
² Advanced Professional School Elective Course	² Advanced Professional School Elective Course

Total Semester Hours: 12

Total Semester Hours: 12

Total Degree Hours: 124

This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

Part-time students may also follow this sequence. Developmental coursework may be required.

- * You may take a different course to meet this requirement. A specific list is available from your advisor.
 - ^cThis course counts for the Core Curriculum at any public college or university in Texas.
 - () Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.
- ^T Degree availability varies by campus; consult <u>www.tarleton.edu</u> for more information.
- ¹ Choose from the following:

BIOL 1406 – Biology for Science Majors CHEM 1412 – College Chemistry II PSYC 2320 – Abnormal Psychology

BIOL 1407 – Biology for Science Majors PHYS 1401 – College Physics I SOCI 1301 – Introductory Sociology CHEM 1411 – College Chemistry I PHYS 1402 – College Physics II Any KINE (PHED) Course

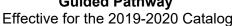
² Choose from the following:

ENGL 3309 - Technical Writing and Document Design

BIOL 3407 – Microbiology



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CHEM 4374 - Biochemistry I PSYC 3307 - The Human Lifespan

MATH 3450 - Principles of Bio-Statistics

HPTC 4350 – Pathophysiology for the Health Professionals HPTC 4349 - Pharmacology for the Allied Health Professionals

³ Choose from the following:

KINE 3304 - Orthopedic Assessment KINE 3314 – Therapeutic Exercise and Rehabilitation

KINE 4340 – Exercise Electrocardiography KINE 4390 – Biomechanics

KINE 4330 - Exercise Testing and Prescription

KINE 4335 - Applications in Clinical Exercise Physiology

