



### First Year – Central Texas College

FIRST SEMESTER	SECOND SEMESTER
<sup>C</sup> ENGL 1301 Composition I	<sup>C</sup> SPCH 1315, 1318 or 1321
<sup>C</sup> HIST 1301 United States History I	<sup>C</sup> HIST 1302 United States History II
<sup>C</sup> MATH 1314 College Algebra	<sup>C</sup> *Language, Philosophy & Culture
<sup>C</sup> *Component Area Option	KINE 1306 First Aid
KINE 1301 Intro. to Physical Fitness & Sport	*KINE Physical Activity Course (2 credit)
*KINE Physical Activity Course (3 credit)	

Total Semester Hours: 18

Total Semester Hours: 14

### Second Year – Central Texas College

It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
<sup>C</sup> BIOL 2401 Anatomy and Physiology I	<sup>C</sup> BIOL 2402 Anatomy and Physiology II
<sup>C</sup> GOVT 2305 Federal Government	<sup>C</sup> GOVT 2306 Texas Government
<sup>C</sup> *Creative Arts Selection	<sup>C</sup> *Social/Behavioral Science Selection
KINE 1304 Personal/Comm. Health I	KINE 1321 Coaching/Sports/Athletics I
KINE Physical Activity Course (2 credit)	KINE 1338 Concepts of Physical Fitness

Total Semester Hours: 15

Total Semester Hours: 16

### AS: Kinesiology

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

#### These courses may be completed at CTC (if offered) or TSU

<sup>C</sup> ENGL 1302 – Composition II	KINE 1308 (PHED 1308) – Sports Officiating or KINE 2330 - Individual and Dual Sport Skills or KINE 2340 - Team Sport Skills
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Total Semester Hours: 6

### Third Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
KINE 2320 - Anatomical Kinesiology	KINE 3310 – Tests and Measurements
KINE 3360 – Sports Nutrition	KINE 3320 – Theory of Strength Training and Conditioning I
KINE 3370 – Physiology of Exercise	KINE 3330 – Motor Behavior
KINE 3326 – Outdoor Adventure or KINE 3355 – Principles of Health and Physical Education In Elementary Schools or KINE 3365 – Principles of Health and Physical Education In Secondary Schools or KINE 4302 – Psychological Aspects of Sports	KINE 3380 – Adapted Physical Activity

Total Semester Hours: 12

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### Fourth Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
KINE 3375 – Legal Issues in Sport and Recreation	Advance Elective Course
KINE 4305 – Capstone in Kinesiology	Advance Elective Course
KINE 4350 – Recreational and Sport Facility Management	
KINE 2360 – Principles of Athletic Coaching	KINE 4682 – Internship in Kinesiology KINE 3326 – Outdoor Adventure or KINE 3355 – Principles of Health and Physical Education In Elementary Schools or KINE 3365 – Principles of Health and Physical Education In Secondary Schools or KINE 4302 – Psychological Aspects of Sports

Total Semester Hours: 12

Total Semester Hours: 15

Total Degree Hours: 120

**This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.**

Part-time students may also follow this sequence. Developmental coursework may be required.

\* You may take a different course to meet this requirement. A specific list is available from your advisor.

<sup>C</sup> This course counts for the Core Curriculum at any public college or university in Texas.

() Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.

<sup>†</sup> Degree availability varies by campus; consult [www.tarleton.edu](http://www.tarleton.edu) for more information.

For questions about the University portion of this pathway,  
 Contact the Kinesiology Department at 254-968-9186.

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