



AS Kinesiology to
Bachelor of Science in Kinesiology –
Athletic Training Concentration to
Master of Science in Athletic Training^T
Guided Pathway
Effective for the 2019-2020 Catalog



First Year – Central Texas College

FIRST SEMESTER	SECOND SEMESTER
^C ENGL 1301 Composition I	^C SPCH 1315, 1318 or 1321
^C HIST 1301 United States History I	^C HIST 1302 United States History II
^C MATH 1314 College Algebra	^C *Language, Philosophy & Culture- Sophomore English Literature
^C *Component Area Option	KINE 1306 First Aid
KINE 1301 Intro. to Physical Fitness & Sport	^C ENGL 1302 – Composition II
^C BIOL 1406 (BIOL 1306 & 1106) – Biology for Science Majors OR CHEM 1411 (1311 & 1111) – College Chemistry I	

Total Semester Hours: 19

Total Semester Hours: 15

Second Year – Central Texas College

It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
^C BIOL 2401 Anatomy and Physiology I	^C BIOL 2402 Anatomy and Physiology II
^C GOVT 2305 Federal Government	^C GOVT 2306 Texas Government
^C *Creative Arts Selection	^C *Social/Behavioral Science Selection
KINE 1304 Personal/Comm. Health I	KINE 1321 Coaching/Sports/Athletics I
KINE Physical Activity Course (2 credit)	KINE 1338 Concepts of Physical Fitness

Total Semester Hours: 15

Total Semester Hours: 16

AS: Kinesiology

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

Third Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
KINE 3360 – Sports Nutrition	KINE 3370 – Physiology of Exercise
KINE 3330 – Motor Behavior	KINE 3304 – Orthopedic Assessment
KINE 2356 – Prevention and Care of Athletic Injuries	KINE 3380 – Adapted Physical Activity
KINE 4302 – Psychological Aspects of Sports OR KINE 4330 – Exercise Testing and Prescription OR KINE 4335 – Applications in Clinical Exercise Physiology OR KINE 4340 – Exercise Electrocardiography OR KINE 4350 – Recreational and Sport Facility Management	KINE 3314 – Therapeutic Exercise and Rehabilitation
	KINE 3310 – Tests and Measurements

Total Semester Hours: 12

Total Semester Hours: 15

Fourth Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
KINE 4305 – Capstone in Kinesiology	ATRN 5351 – Athletic Training Techniques
KINE 4384 – Clinical Internship in Kinesiology	ATRN 5191 – Clinical I
KINE 4390 – Biomechanics	ATRN 5452 – Therapeutic Interventions
KINE 4302 – Psychological Aspects of Sports OR KINE 4330 – Exercise Testing and Prescription OR KINE 4335 – Applications in Clinical Exercise Physiology OR KINE 4340 – Exercise Electrocardiography OR KINE 4350 – Recreational and Sport Facility Management	ATRN 5453 – Orthopedic Assessment I
KINE 4302 – Psychological Aspects of Sports OR KINE 4330 – Exercise Testing and Prescription OR KINE 4335 – Applications in Clinical Exercise Physiology OR KINE 4340 – Exercise Electrocardiography OR KINE 4350 – Recreational and Sport Facility Management	ATRN 5385 – Theory of S&C

Total Semester Hours: 15

Total Semester Hours: 15

Fifth Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
ATRN 5192 – Clinical II	ATRN 5357 – Leadership in Athletic Training
ATRN 5454 – Orthopedic Assessment II	ATRN 5293 – Clinical III
ATRN 5455 – Therapeutic Exercise	ATRN 5359 – Trends in Athletic Training
ATRN 5356 – Evidence Based Practice & Research	ATRN 5458 – General Medical Assessment

Total Semester Hours: 12

Total Semester Hours: 12

SUMMER SEMESTER



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ATRN 5194 – Clinical IV
ATRN 5361 – Empowering Success
ATRN 5362 – Study Abroad/Cultural Healthcare
ATRN 5360 – Healthcare Administration

Total Semester Hours: 10

Total Degree Hours: 156 (Bachelor and Masters)

This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

Part-time students may also follow this sequence. Developmental coursework may be required.

* You may take a different course to meet this requirement. A specific list is available from your advisor.

C This course counts for the Core Curriculum at any public college or university in Texas.

() Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.

T Degree availability varies by campus; consult www.tarleton.edu for more information.

