



Kinesiology/Exercise Science AS to
Bachelor of Science in Kinesiology –
Exercise and Sport Studies Concentration ^T



Guided Pathway

Effective for the 2019-2020 Catalog

First Year – Grayson College

FIRST SEMESTER	SECOND SEMESTER
Component Area Option*	Communication Core* ^C
ENGL 1301	^C BIOL 2401 – Anatomy and Physiology I
American History Core * ^C	Creative Arts Core* ^C
Mathematics Core* ^C	Government/Political Science Core* ^C
Communication Core* ^C	KINE 1301 (PHED 1301) – Foundations of Kinesiology

Total Semester Hours: 15

Total Semester Hours: 16

Second Year – Grayson College

It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
Language, Philosophy, Cultural Core* ^C	Social & Behavioral Science Core* ^C
^C BIOL 2402 – Anatomy and Physiology II	Government/Political Science Core
Kinesiology Elective	Kinesiology Elective
Kinesiology Elective	American History Core* ^C
Kinesiology Elective	Kinesiology Elective* ^C

Total Semester Hours: 14

Total Semester Hours: 15

AS: Kinesiology/Exercise Science

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

These courses may be completed at Grayson College (if offered) or TSU-Stephenville Campus	
^C ENGL 1302 – Composition II	Elective Course
KINE 1338 (PHED 1338) - Concepts of Physical Fitness	

Total Semester Hours: 9

Third Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
KINE 3370 – Physiology of Exercise	Advanced Elective Course
KINE 3380 – Adapted Physical Activity	KINE 3310 – Tests and Measurements
KINE 3360 – Sports Nutrition	KINE 2320 – Anatomical Kinesiology or KINE 3390 – Kinesiology
Advanced Elective Course	KINE 3330 – Motor Behavior

Total Semester Hours: 12

Total Semester Hours: 12

Fourth Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
Advanced KINE Elective Course	Advanced KINE Elective Course
KINE 4305 – Capstone in Kinesiology	Advanced KINE Elective Course
Advanced KINE Elective Course	Advanced KINE Elective Course
Advanced Elective Course	Advanced KINE Elective Course
Advanced Elective Course	

Total Semester Hours: 15

Total Semester Hours: 12

Total Degree Hours: 120

This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

Part-time students may also follow this sequence. Developmental coursework may be required.

* You may take a different course to meet this requirement. A specific list is available from your advisor.

^C This course counts for the Core Curriculum at any public college or university in Texas.

() Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.

^T Degree availability varies by campus; consult www.tarleton.edu for more information.

For questions regarding the university portion of this pathway,
Contact the Kinesiology Department at 254-968-9186.