



AA/AS General Studies – Kinesiology Emphasis to
Bachelor of Science in Health and Human Performance
Guided Pathway
 Effective beginning with the 2021-2022 catalog



First Year - Collin College

FIRST SEMESTER	SECOND SEMESTER
^c ENGL 1301 – Composition I	^c ENGL 1302 – Composition II OR ENGL 2311
^c Mathematics course (see list below)	^c Life & Physical Sciences course (see list below)
^c Speech course (see list below)	^c Language, Philosophy, & Culture course (see list below)
^c History course (see list below)	^c History course (see list below)
*Track Options (see list below)	*Track Options (see list below)
15 credit hours	15 credit hours

Commented [JS1]: ACU prefers SPCH 1315

Second Year - Collin College

FIRST SEMESTER	SECOND SEMESTER
^c GOVT 2305 – Federal Government	^c GOVT 2306 – Texas Government
^c Life & Physical Sciences course (see list below)	^c Creative Arts course (see list below)
^c Social/Behavioral Sciences course (see list below)	*Track Options (see list below)
*Track Options (see list below)	*Track Options (see list below)
*Track Options (see list below)	^c Core Elective (see list below)
15 credit hours	15 credit hours

Commented [JS2]: ACU Recommends PSYC 2301

AA/AS: General Studies - Kinesiology Emphasis

Contact your advisor at Collin College for information about applying for your associate degree.
^c Core Curriculum transferrable to any public college or university in Texas.

Third Year – Abilene Christian University

Students must fulfill Abilene Christian University's admissions requirements which can be found on the Abilene Christian University website.

FIRST SEMESTER	SECOND SEMESTER	THIRD SEMESTER
BIBO 103 – Story of the New Testament	BIBO 211 – Message of the Old Testament	BITO 342 – Christianity in Culture
PSYC 120 – Introduction to Psychology (or Elective if PSYC 2301 has been completed)	KINE 311 – Motor Behavior	KINE 360 – Leadership and Management for Health Promotion
KINE 232 – Structural Kinesiology	CHEM 113 – Introductory Chemistry	HHP 374 – Exercise Physiology and Applications
HHP 201 – Foundations of Health and Human Performance	NUTR 224 – Nutrition for Exercise and Sport	KINE 342 – Exercise Testing
12 credit hours	12 credit hours	12 credit hours

Fourth Year - Abilene Christian University

FIRST SEMESTER	SECOND SEMESTER
HHP 401 – Strength and Conditioning	KINE 498 – Biomechanics
HHP 421 – Exercise and Special Populations	HHP 491 – Health and Human Performance Capstone
PSYC 356 – Health Psychology	HHP 451 – Professional Certifications in Health and Human Performance
KINE 399 – Research Methods in Kinesiology and Nutrition	Elective
12 credit hours	12 credit hours

Bachelor of Science in Health and Human Performance

Contact your advisor at Abilene Christian University for information about applying for your Bachelor's degree.

Collin Options:

- Mathematics** – MATH 1314, 1316, 1342, 2305, 2318, 2320, 2412, 2413, 2414, 2415. AA/AT degrees may also choose from: MATH 1324, 1325, 1332, 1350, 1351
- Life & Physical Sciences** – BIOL 1406, 1407, 1414, 1415, 2401, 2402, 2406, 2416, 2421, CHEM 1411, 1412, 2423, 2425, ENVR 1401, 1402, GEOL 1403, 1404, PHYS 1401, 1402, 2425, 2426. AA/AT degrees may also choose from: BIOL 1408, 1409, 2404, 2420, CHEM 1405, GEOL 1401, 1402, 1445, 1447, PHYS 1403, 1404, 1405, 1410, 1415, 1417
- Language, Philosophy, & Culture** – ENGL 2322, 2323, 2327, 2328, 2332, 2333, 2341, HIST 2311, 2312, 2321, 2322, HUMA 1301, PHIL 1301, 1304, 2303, 2306, 2307, 2321
- Creative Arts** – ARTS 1301, 1303, 1304, 1313, DANC 2303, DRAM 1310, 2361, 2362, 2366, MUSI 1306, 1307, 1310
- American History** – HIST 1301, 1302, 2301
- Social/Behavioral Sciences** – ANTH 2302, 2346, 2351, ECON 1301, 2301, 2302, PSYC 2301, SOCI 1301, 1306
- Speech** – SPCH 1311, 1315, 1321
- Core Elective** – choose one from: EDUC 1100, 1300, KINE 1164, 1304, 1338, or any core course not used to meet the requirement of another component.
- *Track Options:**
- Athletic Training Recommended Electives** – BIOL 1322 – Nutrition and Diet Therapy
KINE 1304 – Personal/Community Health
KINE 1306 – First Aid
KINE 1338 – Concepts of Physical Fitness
KINE 2356 – Care and Prevention of Athletic Injuries
- Exercise Science Recommended Electives** – KINE (1100, 2100, 1106, 2106, 1129, 1131)
KINE 1104 – Introduction to Physical Fitness and Wellness
KINE 1301 – Foundations of Kinesiology
KINE 1304 – Personal / Community Health
KINE 1306 – First Aid
KINE 1338 – Concepts of Physical Fitness
- Sports Management Recommended Electives** – KINE 1301 – Foundations of Kinesiology
KINE 1336 – Introduction to Sports Management