

Associate of Arts (Kinesiology) to  
Bachelor of Science in Health and Human Performance (Online)  
**Transfer Pathway**  
Effective for the **2021-2022** Catalog

**First Year – Dallas College**

This pathway is an example course sequence for students interested in pursuing Kinesiology. Although there may be several options to fulfill certain requirements for the associate's degree, please note that this pathway lists the specific courses leading to this bachelor's degree. All plans can be modified to fit the needs of part-time students. This is not an official degree plan. Refer to catalog for official degree requirements. You must receive a GPA of at least 2.00 on all college-level course work. Students must earn at least 25% of the credit hours required for graduation through instruction by Dallas College. TSI Must be complete. Contact your advisor for information.

**AA DEGREE MINIMUM: 60 SEMESTER CREDIT HOURS**

FIRST SEMESTER	SECOND SEMESTER
<sup>a</sup> ENGL 1301-Composition I <sup>*</sup> (CB 010)	<sup>a</sup> ENGL 1302-Composition II (CB 010)
<sup>c</sup> HIST 1301- United States History I (CB 060)	<sup>c</sup> HIST 1302- United States History II <sup>*</sup> (CB 060)
EDUC 1300- Learning Framework-All College students with fewer than 12 semester credit hours of successful college credits ("C" or above) must take a student success course in the first semester.	<sup>b</sup> <b>CHOOSE ONE</b> <sup>*</sup> : SPCH 1311- Introduction to Speech Communication <b>OR</b> SPCH 1315- Public Speaking ( <b>ACU prefers SPCH 1315</b> ) <b>OR</b> SPCH 1321- Business & Professional Communications (These are CB 090)
<sup>a</sup> MATH 1342- Elementary Statistical Methods <sup>*</sup> (CB 020)	KINE 1338- Concepts of Physical Fitness <sup>*</sup>
<sup>c</sup> PHED 1164- Introduction to Physical Fitness and Wellness <sup>*</sup> (CB 090)	PHED X1XX- Any 1 hour Physical Activity Course <sup>*</sup>
KINE 1301- Foundations of Kinesiology <sup>*</sup>	

**Second Year –Dallas College**

It's best to apply to **Abilene Christian University Online** a full semester before you plan to transfer. It will help if you submit a copy of this pathway with your application.

FIRST SEMESTER	SECOND SEMESTER
<sup>a</sup> GOVT 2305- Federal Government (CB 070)	<sup>a</sup> GOVT 2306- Texas Government (CB 070)
<sup>b</sup> BIOL 2401- Anatomy and Physiology I <sup>*</sup> This course has a prerequisite of BIOL 1406 with a grade of "C" or better within the last three years or satisfactory score on the Biology CLEP exam, prior to enrolling in the course. (CB 030) <b>ACU Prefers BIOL 2401</b>	ELECTIVE <sup>*</sup> : Any 1-4 hour course. (Electives should be selected according to the intended university you will transfer to).
KINE X3XX- Kinesiology Specialization Course <sup>*</sup> (Course should be selected according to the intended university you will transfer to).	<sup>b</sup> BIOL 2402- Anatomy and Physiology II <sup>*</sup> (CB 030) <b>ACU Prefers BIOL 2402</b>
KINE X3XX- Kinesiology Specialization Course <sup>*</sup> (Course should be selected according to the intended university you will transfer to).	PHED X1XX- Any 1-hour Physical Activity Course <sup>*</sup>
<sup>b</sup> <b>CHOOSE ONE</b> <sup>*</sup> : ENGL 2321- British Literature <b>OR</b> ENGL 2326- American Literature <b>OR</b> ENGL 2332- World Literature I (These are CB 040) <b>ACU prefers ENGL 2332</b>	<sup>b</sup> <b>CHOOSE ONE</b> <sup>*</sup> : ARTS 1301- Art Appreciation <sup>*</sup> ; DANC 2303- Dance Appreciation <sup>*</sup> ; DRAM 1310- Theater Appreciation <sup>*</sup> ; MUSI 1306- Music Appreciation <sup>*</sup> ; HUMA 1315- Fine Arts Appreciation <sup>*</sup> (All CB 050)
	<sup>b</sup> <b>CHOOSE ONE</b> <sup>*</sup> : PHED 1304- Personal/Community Health <b>OR</b> PSYC 2314- Lifespan Growth & Development <b>OR</b> SOCI 2305- Human Sexuality <b>OR</b> PSYC 2301- General Psychology ( <b>ACU Recommends PSYC 2301</b> ) (These are all CB 080)

**Associate of Arts (Kinesiology)**

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

**Abilene Christian University Online**

FIRST SEMESTER (Term 1 & Term 2) **	SECOND SEMESTER (Term 1 & Term 2)**
BIBO 103- Story of the New Testament	BIBO 211- Message of the Old Testament
PSYO 120- Introduction to Psychology (or Elective if PSYC 2301 has been completed)	KINE 311- Motor Behavior
KINE 232- Structural Kinesiology	CHEM 113- Introductory Chemistry (or Elective if CHEM 1306 has been completed)
HHP 201- Foundations of Health and Human Performance	NUTR 224- Nutrition for Exercise and Sport

**Abilene Christian University Online**

FIRST SEMESTER (Term 1 & Term 2) **	SECOND SEMESTER (Term 1 & Term 2)**
BIBT 342- Christianity in Culture	HHP 401- Strength and Conditioning
KINE 360- Leadership and Management for Health Promotion	HHP 421- Exercise and Special Populations
HHP 374- Exercise Physiology and Applications	PSYC 356- Health Psychology
KINE 342- Exercise Testing	KINE 399- Research Methods in Kinesiology and Nutrition

**Abilene Christian University Online**

FIRST SEMESTER (Term 1 & Term 2) **	SECOND SEMESTER (Term 1 & Term 2)**
KINE 498- Biomechanics	
HHP 491- Health and Human Performance Capstone	
HHP 451- Professional Certifications in Health and Human Performance	
Elective	

**This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.**

All plans can be modified to fit the needs of part-time students. Developmental coursework may be required. Refer to the catalog for official degree requirements. You must receive a GPA of at least 2.0 on all college-level course work. Students must earn at least 25% of the credit hours required for graduation through instruction by Dallas College. Abilene Christian University only accepts transfer course work with a grade of "C" or higher.

<sup>a</sup> You may take a different course to meet this requirement. A specific list is available from your advisor.

<sup>c</sup> This course counts for the Core Curriculum at any public college or university in Texas.

(<sup>i</sup>) Course numbers shown in parentheses are equivalent to these courses at Dallas College.

<sup>\*</sup> Students must earn a grade of "C" or higher.

<sup>\*</sup> Field of Study Course

\*\*Abilene Christian University Semesters consist of two 7-week terms that run in Fall 1, Fall 2, Spring 1, Spring 2, Summer 1 and Summer 2